

# Health Policy

While your child is in our care, the preschool wants to ensure that your child is protected from contagious disease and injury. The following policies have been developed to prevent and address situations that may occur:

- An updated immunization record is required for each student. Each child should be current on required immunizations.
- A Physician Statement form is required for each student indicating any special needs and stating that the child is able to attend preschool.
- Allergies should be indicated on the General Information form and/or the Physician's Statement form. Food allergies will be posted in the classroom in the snack storage area and near the sink.
- An Emergency Treatment form must be signed and notarized authorizing the preschool to seek medical care if a parent or legal guardian cannot be reached.
- Upon arrival each morning, children are to wash their hands at the classroom sink and again after toileting, before eating, upon returning from the playground and throughout the morning as needed.
- Minor injuries will be cleaned and covered. An incident report requiring the parent's signature will be completed when a child is injured. A copy will be maintained in the child's file, and a copy will be sent home.
- **During this time of COVID-19 the guidelines are very specific that ANY child with the following symptoms must remain home:**

<b>Fever or chills</b>	<b>New Cough</b>
<b>Difficulty breathing</b>	<b>New loss of taste or smell</b>
- **In addition, if your child has any of these symptoms, we ask that you keep them home for at least 24 hours (without medication) to ensure symptoms do not escalate into something else**

<b>Sore Throat</b>	<b>New Congestion or runny nose</b>
<b>Nausea or vomiting</b>	<b>Headache</b>
<b>Diarrhea</b>	<b>Lethargy/Just not feeling good</b>
- **Please do not send** your child to school if he/she has any of the above symptoms and please heed the wait time below for when to return if your child has:
  - chicken pox - *child will stay out at least 7 days after the first sign of outbreak*
  - diarrhea - *may return after 24 hours diarrhea free without medication*
  - fever – *may return after 24 hours fever free without medication*
  - pink eye - *may return after eye has been cleared by medication*
  - rash - *may return once rash has been determined not to be contagious*
  - ringworm - *may return after 24 hours on medication*
  - vomiting - *may return after 24 hours vomit free without medication*
  - strep throat - *may return after 24 hours on medication*
- If a child becomes ill while at school, his/her teacher will notify the parent/guardian. The sick child will wait in our designated area to be picked up.
- **If your child contracts or is exposed to any contagious disease, please notify the director.**
- **If you or anyone in your family tests positive for COVID-19, please notify the director immediately. We will follow the guidance of the Craven County Health Department in determining how to proceed. Every COVID-19 situation is different so it is difficult to give a blanket statement that may cover every possibility.**

- If a child exhibits the following symptoms during the school day or upon arrival, parents will be contacted to pick up the child:

**Fever**

**Vomiting**

**Severe coughing**

**Yellowish skin or eyes**

**Child is irritable, continuously crying or requires more attention than we can provide.**

**Diarrhea**

**Body rash with fever**

**Eye discharge**

**Sore throat with swollen glands**

- Parents will be notified when the preschool has been exposed to a contagious disease.
- Please be sure to maintain current phone numbers, addresses and emergency information on file. Notify the director of any changes that should be made to the child's Enrollment Agreement or medical information.